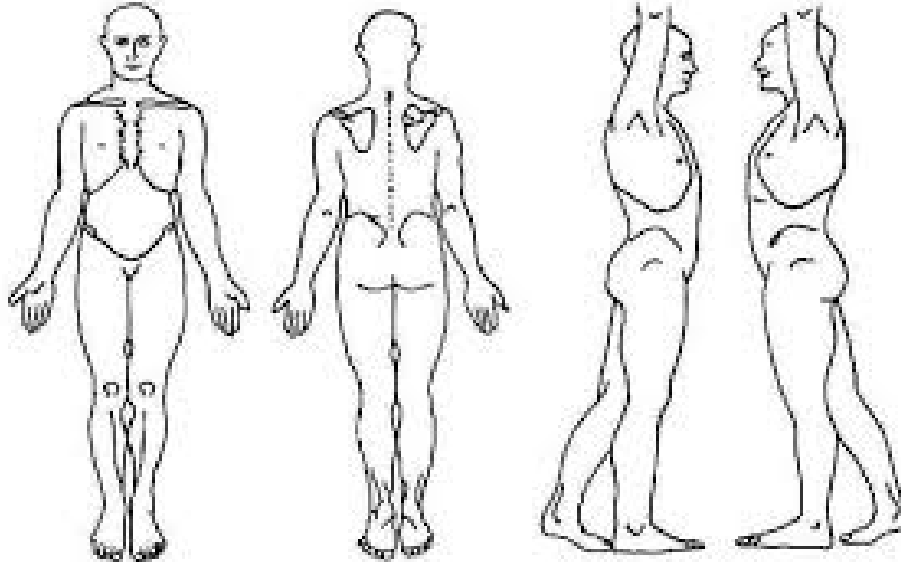




# Tick Fitness

Health, Wellness, rehabilitation

Shop 1, 5-19 Goodall Parade, Mawson Lakes, 5095



Please mark on the chart any areas of pain or injury

How long have you had this pain or injury? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Have you been receiving treatment for this injury or pain?

If Yes – what and by whom? \_\_\_\_\_

\_\_\_\_\_

For how long? \_\_\_\_\_

What has helped the most? \_\_\_\_\_

What are your goals from fitness and exercise? \_\_\_\_\_

\_\_\_\_\_

How do you think this will help your current pain or injury? \_\_\_\_\_

\_\_\_\_\_